# Continuing Competence Program Update: Utilizing the new Standards of Practice for 2020-2021

College of Dietitians of Alberta

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## Continuing Competence Program Process Overview

- Purpose: maintain and enhance competence and professional services
- CDA's role
- Timeline
  - > January/February completing process for past year, writing reflections on learning
  - March submitting reflections online; completing practice profile reflection and self-assessment in Workbook for the coming year; entering new goals online
  - April through following February completing and documenting learning activities, identifying and storing verification documentation, ensuring CCP documentation is in order

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# Integrated Competencies vs Standards of Practice

- Entry to practice competencies
- Standards of Practice -
  - General and applicable to all
  - > Applicable at all points in a regulated member's career
  - Note: no practice specific areas (i.e. no nutrition care, population health management etc)
- Why the switch?

## Practice Profile Reflection and Self-Assessment

- Practice Profile Reflection: No change
- Self-Assessment (Workbook)
  - Completed 2019-2020 based on the Integrated Competencies
  - Complete 2020-2021 based on Standards of Practice indicators
  - Make notes!
  - Select indicators that represent your priorities for learning or practice enhancement for the coming year
  - Your chosen indicator may be general or specific; cater your learning to your specific needs!!!
  - > Select two distinct indicators as your priorities for the coming year
  - Restricted activities: no change at this time

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### Standard # 4: Collaborative Practice Registered Dietitians partner with clients and team members in the

collaborative and coordinated provision of professional services.

Indicators: Reflect on how each indicator applies to your practice	Notes: Identify any learning needs (what I need to learn)	Priority Focus	
<ul> <li>Contribute professional knowledge to discussions and interactions with clients and team members.</li> </ul>	I contribute knowledge in interactions with clients and patients; I discuss with RNs, SLPs etc however I could work on contributing my expertise to MDs		
<ul> <li>Clarify and explain their professional roles and responsibilities in discussions with clients and team members.</li> </ul>	I also do this with clients and patients, however could be more proactive in explaining my role and how it fits with other HCP roles and expertise		
c. Respect clients' and team members' perspectives and responsibilities, while acknowledging overlapping roles and scopes of practice.	I sometimes forget HCPs have overlapping roles and assume I am the only one with food and nutrition knowledge to contribute. I could be more open to that. I respect clients' input.		
I. Consult with and/or refer as required, when he needs of clients may be more appropriately net by another Registered Dietitian or team nember.	I do refer to others willingly. I feel this is a strength of mine. I acknowledge my limitations and always practice within my personal scope of practice and knowledge/skill base.		
<ul> <li>Effectively manage conflict with clients and eam members.</li> </ul>	I do struggle with conflict. Especially related to other HCPs' contributing nutrition knowledge. I think I need work in this area.	×	
f. Communicate clearly and respectfully with clients and team members, at all times to facilitate collaboration.	I am respectful with clients and team members but I do think that conflict holds me back from maximizing collaborative practice		

# Thoughts / reflections on Standard #4 and how it relates to my practice:

I really feel that this Standard and collaborative practice is an area I could improve on. Sometimes I feel overworked in my role, however I wonder if I am isolating myself by not allowing those with knowledge to contribute and if this is making conflict resolution difficult. Perhaps there is a workshop on collaborative practice or team conflict resolution that would help.

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# Learning Plan Worksheet for priority Standard 4 indicator e.

- What is it about this Standard and indicator that I want to focus on this year: I would like to focus on conflict resolution techniques to improve collaborative practice and client-centred care.
- Why is learning about this Standard indicator important to my professional practice?

I work in a PCN part time and I assume I have to do it all. When other HCPs talk about nutrition I get my back up and this may be contributing to conflict, which I then try to avoid.

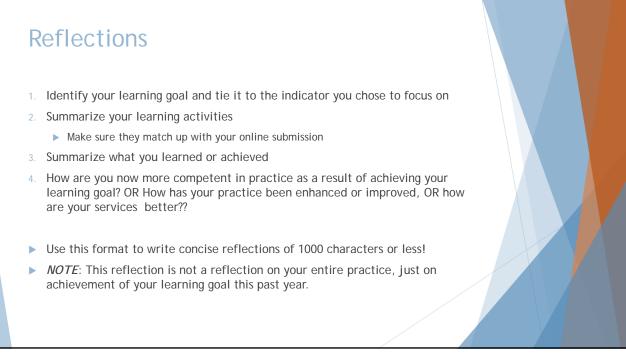
I anticipate the benefit to my practice to be:

### √ Improved communication skills

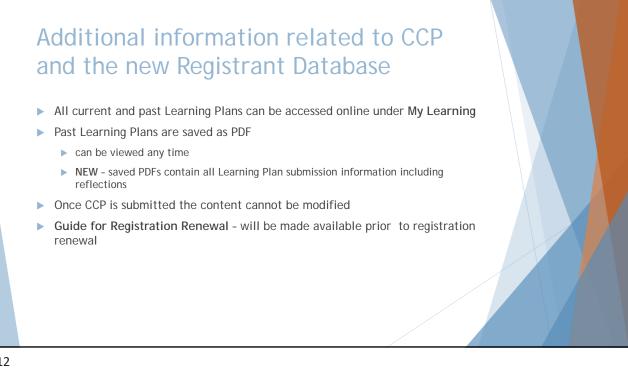
- Learning activities:
- What I learned:
- ▶ How am I more competent in my practice? What was the benefit to my practice?
- Summarize all of this into reflection

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# A few other notes on *completing* online submissions

- Drop down menus
  - Confirm Standard/indicators used for goal setting
  - Confirm learning activities completed
- Writing and submitting reflections online in March for the previously set goals signals the end of the CCP process for that year.
- Please refer to CCP content on the website

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