

College Statement on Cannabis and Registered Dietitian Practice

Nothing has changed in legislation or dietetic regulations that would change the Registered Dietitian (RD) role regarding advice to clients on cannabis consumption; legalization of recreational use of cannabis does not change RD practice. As before, there may continue to be legitimate advice that deals with the use of cannabis that falls within the practice statement of the College of Dietitians of Alberta (e.g. cannabis consumption and appetite).

As with all areas of practice, regulated members must use their own judgment to determine what, if any, advice regarding cannabis consumption falls within an individual RD's scope of practice. An RD should be competent, have researched broadly and understand the implications of providing advice related to cannabis consumption.

Registered Dietitians should remember to limit collection of data regarding cannabis consumption to those circumstances that will directly impact nutrition care. If information regarding cannabis consumption is collected, rationale for collection should be clearly documented in the health record (PIPA, HIA).

If you have any further questions, please contact the College office.

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Resources for Registered Dietitians:

Alberta College of Pharmacy. *Canada's Cannabis Research*. 2019. Retrieved May 30, 2019 at: <https://abpharmacy.ca/full-scale/canadas-cannabis-research>

Alberta College of Pharmacy. *Cannabis Q & A*. 2019. <https://abpharmacy.ca/full-scale/cannabis-q-a>

Alberta Gaming Liquor Cannabis (AGLC). *Cannabis*. 2019. <https://aglc.ca/cannabisab>

Alberta Health Services (AHS). *Drug Safe Cannabis*. 2019. <https://www.albertahealthservices.ca/info/Page16023.aspx>

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Canadian Nurses Association. *Harm Reduction Use for Non-Medical Cannabis Use*. 2018. Retrieved June 4, 2019 at: <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/harm-reduction-for-non-medical-cannabis-use>

Canadian Public Health Association. *Cannabasics*. 2018. Retrieved May 29, 2019 at: <https://www.cpha.ca/sites/default/files/uploads/resources/cannabis/cannabasics-2018-fact-sheets-e.pdf>

College of Physicians and Surgeons of Alberta. *Standard of Practice: Cannabis for Medical Purposes*. 2014. Retrieved June 4, 2019 at: <http://www.cpsa.ca/standardspractice/cannabis-for-medical-purposes/?highlight=cannabis>

Dietitians of Canada. Learning on Demand. 2018. *Medical Cannabis: What you need to know*. Retrieved June 4, 2019 at: <https://www.dietitians.ca/Learn/Distance-Learning/LODStoreProduct.aspx?guid=6b3512e9-8d1c-4914-9eca-2e02b473a7f4>

Government of Alberta. *Cannabis Legalization in Alberta*. Retrieved June 4, 2019 at <https://www.alberta.ca/cannabis-legalization.aspx>

Government of Canada. *Cannabis in Canada: Get the Facts*. 2019. Retrieved May 29, 2019 at: https://www.canada.ca/en/services/health/campaigns/cannabis.html?utm_campaign=cannabis-18&utm_medium=vurl-en&utm_source=canada-ca_cannabis

Government of Canada. *Proposed Regulations for Additional Cannabis Products*. Retrieved May 29, 2019 at: <https://www.canada.ca/content/dam/hc-sc/documents/services/drugs-medication/cannabis/resources/proposed-regulations-edible-cannabis-extracts-topical-eng.pdf>

Government of Canada. Health Canada. *Information for Health Care Professionals: Cannabis (marihuana, marijuana) and the cannabinoids*. 2018. Retrieved on May 29, 2019 at: <https://www.canada.ca/en/health-canada/services/drugs-medication/cannabis/information-medical-practitioners/information-health-care-professionals-cannabis-cannabinoids.html>