



COLLEGE OF DIETITIANS
OF ALBERTA

Providing Dietetic Services Under Eased Pandemic Restrictions

July 9, 2021

Alberta's "Open for Summer" plan will ease many restrictions across the province. However, COVID-19 and other respiratory illnesses are still present in the population and may continue to pose a health risk to individuals. Dealing with COVID-19 will be part of regular practice for all healthcare professionals for the foreseeable future, and lessons learned through the pandemic should support College of Dietitians of Alberta (CDA) regulated members in their practice on an ongoing basis.

The Alberta Government has developed workplace guidance documents to help businesses reopen and resume operations safely (<https://www.alberta.ca/guidance-documents.aspx>) as well as updated guidelines and standards to help prevent the spread of respiratory viruses, like COVID-19, and manage outbreaks at congregate care facilities (<https://www.alberta.ca/protecting-residents-at-congregate-care-facilities.aspx>).

CDA regulated members should keep themselves up-to-date and informed on COVID-19, including any public health orders such as quarantine/isolation requirements, masking requirements or any other requirements put forth by public health officials and their respective municipality.

The College encourages Registered Dietitians (RDs) to continue to follow the guidance provided in the College guidelines "[Safely Returning to Practice: Information on Providing Dietetic Services](#)" (amended May 26, 2020) which covers Patient and Client Considerations, Cleaning and Disinfecting and Staff Management.

If you have questions, please contact the College office.

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