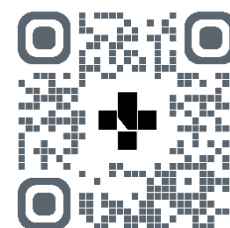


Healthcare Provider Resources for Long COVID

If your patient has had COVID-19 and has symptoms that are lasting longer than four weeks, or have come back, they may be experiencing long COVID.

This website will link to the most common resources to support your patients:

[Recovery & Rehabilitation After COVID-19: Resources for Health Professionals](#)



Start by screening your patient using the Post COVID Functional Status Scale & Post Covid Symptom Checklist. This will help you to measure the severity of long COVID symptoms to support the referral to appropriate treatment.

[Post COVID Functional Status Scale & Post COVID Symptom Checklist](#)

- Follow the “Long COVID-19 Pathway” for your zone to determine resources based on the results of the screening tool
 - Universal Rehabilitation Grade 0-4
 - Targeted Rehabilitation Grade 2-3
 - Personalized Rehabilitation Grade 3-4

Commonly Used Resources

- Rehab Advice Line Rehab Advice Line (1-833-379-0563) post COVID recovery help for symptoms that last longer than four weeks
- Clinician resource document [“Rehabilitation & Allied Health Practice Considerations for Post COVID-19”](#)
- Print resources for your patients from [MyHealthAlberta.ca](#) (translated in 13 different languages)
- Allied Health Professional Practice & Education [webinar series](#) for providers – slides and recordings posted
- [Frequently Asked Questions Document for Providers](#) (Patient FAQ on patient website)
- Display this poster in your waiting room [If You Have Had COVID-19](#)
- [HUTV link](#) to display long COVID content in your waiting room